



# Stewart & Heaton Clothing Co. Pty Ltd

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Quality  
ISO 9001

SAI GLOBAL

## SIZING GUIDE FROM BODY MEASUREMENTS NSW RFS - T325 and J344

### TROUSER - T325

| SIZES REGULAR     | 67R | 72R | 77R | 82R | 87R | 92R | 97R | 102R | 107R | 112R |
|-------------------|-----|-----|-----|-----|-----|-----|-----|------|------|------|
| To fit waist (cm) | 67  | 72  | 77  | 82  | 87  | 92  | 97  | 102  | 107  | 112  |
| Inleg*            | 72  | 73  | 74  | 75  | 76  | 77  | 78  | 79   | 80   | 81   |

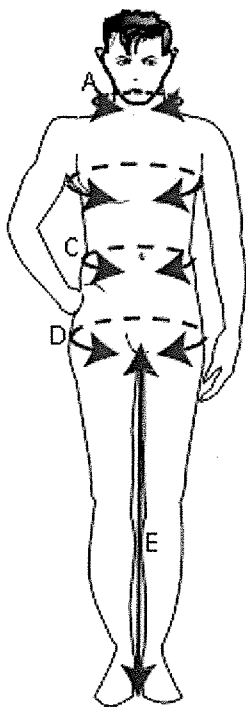
| SIZES STOUT       | 87S | 92S | 97S | 102S | 107S | 112S | 117S | 122S | 127S | 132S |
|-------------------|-----|-----|-----|------|------|------|------|------|------|------|
| To fit waist (cm) | 87  | 92  | 97  | 102  | 107  | 112  | 117  | 122  | 127  | 132  |
| Inleg*            | 72  | 73  | 74  | 75   | 76   | 77   | 78   | 79   | 80   | 81   |

| SIZES LONG        | 74L | 79L | 84L | 89L | 94L |
|-------------------|-----|-----|-----|-----|-----|
| To fit waist (cm) | 74  | 79  | 84  | 89  | 94  |
| Inleg*            | 78  | 79  | 80  | 81  | 82  |

### JACKET - J344

| SIZES             | 72 | 77 | 82 | 87 | 92  | 97  | 102 | 107 | 112 | 117 | 122 | 127 | 132 |
|-------------------|----|----|----|----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| To fit chest (cm) | 82 | 87 | 92 | 97 | 102 | 107 | 112 | 117 | 122 | 127 | 132 | 137 | 142 |

\*Inleg is a finished garment measurement



### How to MEASURE

- A Neck Measure around your neck where the top of the collar would fit.
- B Chest /Bust Measure around the chest/bust at the fullest point making sure to keep the tape level front and back.
- C Waist Measure around the waist at the natural waist line.
- D Hip Measure around hip at the widest part.
- E Inleg Measure from the crotch to the floor - no shoes.

When taking measurements you will need someone to help you and a tape measure.

The tape should be flat against the body taking care not to make it too tight.

Measurements should be take over undergarments not clothing

Measurements are a guide only. Variations may occur depending on style and fit of individual garments

As of 5/10/16